Facilitator Bios

Gabriela Zapata-Alma AM 2012, LCSW, CADC (they/them/theirs), is an SSA Lecturer with both Clinical and Social Admin experience. They are the Director of Substance Use Treatment Programs at Thresholds. Gabriela's specialties include trauma and trauma informed care, harm reduction, cultural humility, group therapy, LGBTQ, formerly incarcerated populations, mental illness and many others.

Workshops:

Survivors Practicing Trauma Informed Care Session 1
Survivors Practicing Trauma Informed Care Session 2
Historical/Intergenerational Trauma
Trauma Informed Supervision
TIC in Advocacy and Policy
Trauma Informed Research
Trauma Informed Care with LGBTQ Populations
TIC within the Criminal Legal System
TIC in Leadership and Administration
Trauma Informed Care with Immigrant Populations

Susie Kowalsky, MA, LCPC (She, Her, Hers) is a therapist and mental health specialist at Chicago House and Social Service Agency. Her background and specialties include trauma and trauma informed care and youth and family issues.

Workshops:

Trauma Informed Transference and Countertransference Session 1
Trauma Informed Transference and Countertransference Session 2
Managing Vicarious Trauma
Trauma Informed Community Outreach and Engagement
Trauma Informed Mindfulness
The Intersections of Trauma Informed Care and Harm Reduction
Trauma Informed Care with People Experiences Homelessness
Trauma Informed Crisis Management
Launching and Building and Trauma Informed Career
Trauma Informed Care for Intimate Partner Violence

Nancy Flowers, LCSW is Nancy Flowers, LCSW (She, Her, Hers) is the Community Educator and Dementia Project Manager for Rainbow Hospice and Palliative Care. She has been a social worker, educator, and manager for the past 35 years, working primarily with older adults
and persons with disabilities. Areas of focus include dementia, palliative and end of life care, person centered care, and family care giving issues.

**Workshops:**

Trauma Informed Care with Older Adults