Workshop List with Descriptions

Please see the list below. Descriptions will be added as they become available by presenters.

Trauma Informed Care with Immigrant Populations: CLN

The experience of immigration can be fraught with situations that result in trauma. Many first embark on the path of immigration due to hardship, in search of a better life, or perhaps merely survival. The process of immigration can cause anxiety, uncertainty, and can be downright dangerous. Even once settled in the U.S., immigrants can continue to experience traumatic stress from a range of sources, including xenophobia, and discrimination. This workshop will focus on trauma specific to the experience of immigration, as well as organizational and clinical practices to prevent retraumatization within systems of care.

Objectives:

- Define trauma, and review key features of potentially traumatizing events and situations specific to the experience of immigration in the U.S.
- Review prevalence of trauma disorders in immigrant populations, and some common ways that trauma symptoms may present.
- Identify organizational and clinical practices may increase risk of retraumatization for individuals and families with experiences of immigration.
- Develop multi-dimensional strategies to actively resist retraumatization of immigrant populations.

Trauma Informed Youth Assessment: POL/CLN

The Intersections of Trauma Informed Care and Harm Reduction* CLN/POL

Description of Training:

Because traumatic experiences can have widespread effects on individuals’ physical and mental health, their willingness to seek support, and the way they engage in services, it is imperative that social service providers utilize a trauma-informed approach in their work. While harm reduction is most commonly associated with its applications related to substance use, this approach can be implemented more broadly to reduce the potentially harmful effects of traumatic experiences. While these approaches are often identified separately in philosophies of care, they naturally complement each other.

This workshop will educate attendees about the concepts of harm reduction and trauma-informed care and the ways that they work together, both in theory and in practice. Through didactic lecture and small group discussions, attendees will identify strategies for incorporating these philosophies in their everyday work. Attendees will obtain tangible tools for implementing the synergy of trauma-informed care and harm reduction philosophies during client engagement.
Objectives:

Upon completion of this presentation, participants will be able to:

1. Define the philosophies of Harm Reduction and Trauma-Informed Care in the context of meeting the health care needs of vulnerable populations.
2. Demonstrate the connection between these philosophies and the ways that they enhance each other when used together.
3. Develop strategies to translate these philosophies into specific practices to improve service delivery and increase engagement with care.

Trauma Informed Care with People Experiences Homelessness: CLN

Description of Training:

For people experiencing homelessness, trauma exposure is an inherent part of their story. For some, traumatic events preceded or led to homelessness, and for many, the experience of homelessness itself is traumatic. To effectively service people experiencing homelessness, service providers must apply a trauma-informed lens to the policies and practices utilized with this population. Attendees will examine the relationship between homelessness and trauma, including the manifestation of traumatic stress among people experiencing homelessness. This training will focus on use of case studies and small group discussion to enhance experiential understanding of didactic material.

Objectives:

Upon completion of this presentation, participants will be able to:

1. Explain the relationship between homelessness and exposure to traumatic events.
2. Understand practices to effectively serve this population while minimizing risk of retraumatization.
3. Assess policies and procedures related to homelessness through a trauma informed framework.

Trauma Informed Transference and Countertransference* PRD/CLN

Description of Training:

Trauma is a nearly universal experience for individuals who access social services. It impacts how people engage in substance use, manifest and manage their mental health symptoms, and interact with service providers. Most people will not directly or clearly describe their traumatic
experiences and the subsequent impact; rather, they will show their trauma story through their behavior. Providers who are able to interpret the dynamics of transference and countertransference through a trauma-informed lens will have a clearer understanding of individuals’ trauma experiences and treatment needs. This training will focus on didactic learning regarding information, skills, and strategies for effectively utilizing trauma-informed transference and countertransference.

Objectives:

Upon completion of this presentation, participants will be able to:

1. Define transference and countertransference.
2. Understand and identify the roles within the Karpman/Drama Triangle.
3. Interpret transference and countertransference within the Karpman/Drama Triangle.

Trauma Informed Care with LGBTQ Populations: CLN
Survivors Practicing Trauma Informed Care: PRD
Historical/Intergenerational Trauma*: PRD/CLN
Trauma Informed Care with Sex Workers: CLN
Managing Vicarious Trauma: PRD
Trauma Informed Crisis Management: PRD/CLN
Trauma Informed Care for Intimate Partner Violence: CLN
Launching and Building and Trauma Informed Career (2nd year and beyond students): PRD
Trauma Informed Mindfulness*: PRD/CLN
Trauma Informed Community Outreach and Engagement: POL
Trauma Informed Supervision* (2nd year and beyond students): PRD/CLN
TIC within the Criminal Legal System*: PRD/CLN
Using a Disability Justice Lens when Providing TIC* CLN/POL/PRD
Trauma Informed Community Organizing: PRD/POL
TIC in Advocacy and Policy: POL
Trauma Informed Research: POL
TIC in leadership and administration: POL

TIC with Older Adults: CLN